



NEWSLETTER

Stan Smith – President/Editor (205)655-3151
Judy Burch – Secretary

Stephen Foster – Vice President/Chaplain
Lori Higginbotham - Treasurer

Christmas Day Lunch for HLTICU on DECEMBER 25, 2020

Unfortunately, this year we will not be serving our annual Christmas Day lunch as we have done for the past 31 years due to the COVID guidelines. Rather, we will be catering 2 box lunches per room for a total of 40 lunches. We have decided to order 20 **Heart Healthy Ham and Turkey (\$12.95) Box lunches** [*Deluxe ham, roasted turkey, field greens, thinly sliced cucumbers, Swiss cheese and honey mustard on Multigrain Bread with Fresh Cut Fruit, Chips, Holiday Cupcake and Bottled Water*], and 20 **Harvest Turkey (\$12.95) Box lunches** [*Roasted Turkey, baby spinach, Fontana cheese, honey mustard and cranberry spread on Multigrain Bread With Fresh Cut Fruit, Chips, Holiday Cupcake and Bottled Water*]. As suggested by Jody White, Nurse Manager for HLTICU, the lunches will be delivered to the unit and the nurses will then distribute them to the rooms. I will send a note to be included with the meals stating that these are provided by the Support Group.



New heart & lung transplant recipients
(No new release forms received)

HAPPY HEART AND LUNG DAY!
(December)

(H) Gordonna Moore	'83
(H) Eddie Knipp (2 nd 3/99)	'87
(H) Karen Tishler Weinrib	'91
(H) Alan Brezin	'94
(H) Brooke Miley Lillie (Ped) (K '19)	'96
(H) Barbara Watts	'99
(H/K) William Huey Collins (K 10/12)	'99
(H) Sidney Overby (1 st 3/97)	'00
(H) Gregory Bend	'01
(L) Mary Ann Autry	'01
(L) Lillian (Trudy) Harrison	'01
(L) Mary E. Cole	'02
(H) James Quick	'04
Henry Neff	'04
(H) Chester Strickland	'07
(DL) Matt Fancher	'07
(L) Michael Thornell	'08
(H) John C. Honaker	'10

(H) Lesel A. (Tony) Dozier	'10
(H) Jimmy Montgomery	'10
Carol Denise Nix	'11
(L) Billy Ray Cunningham	'12
(H/K) Sherrell Gay (Emory) (1 st 8/02)	'12
(L/K) Thomas Blankenship (3/06,11/06)	'13
(H) Ed Staggs	'15
(L) Barry A. Simmons	'17
(H) Kyson Deese	'18



New liver transplant recipients
(No new release forms received)

HAPPY LIVER DAY!
(December)

Randall W. Cox	'95
Claude Hall	'97
Rodney S. Jones	'97
Joel Johnson	'98
Charles Smith	'99
Eddie Mae Davidson (1 st)	'99
Clovis Smith	'00
Eddie Mae Davidson (2 nd)	'00

Judy Burch	'00
Carmen Vasquez	'01
James Gruzdis	'03
(LIV/K) Farley A. Illarmo (6/00)	'04
Larry Brice Dollar	'06
Jerry Wayne Cantrell	'06
Debbie Morgette	'06
Jim Kutschke	'07
Nathan Shelton (Ped)	'07
Charlotte Isbell	'07
Doretta Whitehead	'08
Johnnie Lee Ballenger	'11
Justin Staton	'12
James S. Germany	'13
Joanne Ojard	'13
(ISLETS) William R. Wills	'14
Laura (Vicki) Stricklin	'16
Becky Robertson	'17

HAPPY KIDNEY DAY!
(December)

Raymond M. Richmond, Jr.	'11
Ellen P. Herron	'13

Message from Stan Smith, President

I hope you had a great and safe Thanksgiving! This time of the year always has lots of activities *(with masks required)* going on like; parties, food, shopping, and decorations!! Thank you Amazon.com my favorite especially for 2020!

Our annual Christmas Day lunch in the HLTICU Conference Room in the West Pavilion will be a lot different this year because of COVID guidelines. There will be no open food or volunteers present. Rather, we will be catering Box lunches from UAB Catering. As mentioned

above, we will be providing 2 box lunches per room since only one visitor is allowed with each patient. Also, the box lunches will be delivered to the unit and the nurses will pass them out as suggested by Jody White, Nurse Manager. I will send a note to Jody to be included with each lunch stating that the food is provided by the Support Group. Thanks to Charlotte Beeker, Associate Vice President - Food, Nutrition & Guest Services, for her assistance.

Most of the funding is in place for the lunches, but if you would like to make a contribution,

please contact me by phone at 205-655-3151 (please leave a message), or via email (heartlungkid1@gmail.com). Any money left over will be used for Support Group activities. Thank you in advance for your help and contributions!

This photo shows some of the food and the helpers from 2019.



Here is Kathy Joseph and her family. Kathy is the inspiration behind the Christmas Day Lunches



Congratulations to Steve Baum

'The American Liver Foundation elected Mr. Steve Baum to their national board of directors. Mr. Baum, a resident of Franklin TN since 1986, received a dual liver and kidney transplant on 11/11/09 at the UA Birmingham Hospital. After serving on the organization's local board since 2013 – and vice-chair since 2018, Mr. Baum was asked to serve as a national leader representing organ transplant recipients.' This is from the press release issued by the American Liver Foundation in November 2020. Way to go, Steve!

'An Organ Donor Saved My Life'

This is the saying on a T-shirt that the Legacy of Hope is using for a fund raising project. With the funds generated by the selling of the T-shirts, special gifts will be given to the Donor Families in addition to the Bronze Medallion now presented during the Donor Recognition Ceremony. If you would be interested in a T-shirt, the cost will be \$12 including shipping and handling (make checks payable to **Legacy of Hope Educ. Fund**).

**Legacy of Hope
(Aftercare Department)
502 20th Street South
Birmingham, AL 35233**

You can also contact Jill Malone at the Legacy of Hope, 205-801-7353.

Remember, you may never know when you might change someone's mind about organ donation through sharing your story. You may even change their life!

Please send your ideas for future meetings to me. Remember to tell your story.

**Stan Smith, President
5213 Peppertree Lane
Trussville, AL 35173
Phone 205-655-3151- please leave a message
Heartlungkid1@gmail.com**

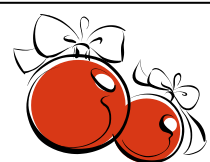
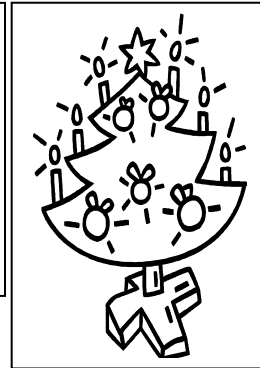
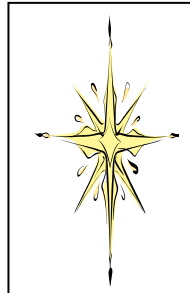
SCHEDULED EVENTS & FUTURE MEETINGS

January 16, 2020 – On hold

February 13, 2020 – On hold

March 13, 2020 – On hold

April 17, 2020 – Celebration of Life Picnic



HAPPY HOLIDAYS

Informal Dinner/Meeting

The dinner/meetings are on hold for the time being. Happy Holidays everyone!!

☀️ ❄️ And remember to... 😊 🕯️ ❄️

"For it is in giving that we receive."

...Saint Frances of Assisi

(From Brainyquote.com)