

Dear Donor Family,

It has not been (3 month, etc.) since I received a heart transplant. I want you to know that I continue to give thanks each day for this gift of life and think of you and your family often. I am sorry for the loss of a loved one. I cannot imagine how hard it must be to live without him/her. I hope you can find some comfort in knowing my life has changed because of your generosity and compassion. I have returned to school and will be celebrating my 16th birthday next month. It would be great to meet you one day if you feel comfortable with that (optional). My greatest thanks for a second chance at life.

Sincerely,
Peter